

SYCAMORE



MINERAL SPRINGS  
RESORT & SPA

EST. 1886

FIRST ANNUAL

# AUTUMN HARVEST DAY

## Sunday, October 30th

12 - 4pm | Open to the Public

**Join us as we celebrate the  
Autumn Harvest with festivities  
for the entire family!**

**Artisans Marketplace | Wine Tasting  
Live Music | Artists Showcase  
Labyrinth and Garden Tours  
Free Yoga Classes | Massages**

### **Contests with Resort Wide Prizes:**

- 1 pm:** Kids Costume Contest
- 2 pm:** Adults Pie Eating Contest
- 3 pm:** Carved Pumpkin Contest  
Bring in Your Carved Pumpkins for Judging!
- 4 pm:** Raffle-Win a Romance Package for 2  
\$1 Raffle benefiting the SLO Peoples Kitchen

### **Free Yoga Classes in Our Yoga Dome:**

1-1:30 pm, 1:45-2:15 pm, 2:30-3 pm



**Get all the details online at [www.sycamoresprings.com](http://www.sycamoresprings.com)**

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